Continuo o Proclamation

WHEREAS, on behalf of the citizens of Chino, we recognize the month of May 2025, as National Mental Health Awareness Month; and

WHEREAS, the City of Chino, Chino Valley Unified School District, and Healthy Chino Coalition recognize that mental health issues can affect all people; and

WHEREAS, serious mental illnesses are more common than cancer, diabetes, and heart disease; and according to Mental Health America (MHA), 22.5 million American adults and 4.8 million young people are experiencing severe major depression.

WHEREAS, misunderstandings exist about many mental illnesses and our social culture often wrongly imposes stigma on these conditions; and

WHEREAS, the City of Chino recognizes the importance of addressing both mental and physical health concerns as being essential to everyone's overall health and well-being; and asking for help is a sign of strength and the first step towards achieving mental wellness; and

WHEREAS, the City of Chino offers mental health services to youth, adults, and families; and

WHEREAS, the City of Chino partners with the National Alliance for Mental Illness (NAMI)-Pomona Valley to provide free support groups to educate, inspire hope, and decrease the stigma surrounding mental health issues; and

WHEREAS, the City of Chino encourages you to reach out to your support network, a friend, family member, teacher, or counselor.

NOW, THEREFORE, I, EUNICE M. ULLOA, MAYOR OF THE CITY OF CHINO, do hereby proclaim May 2025 as:

"NATIONAL MENTAL HEALTH AWARENESS MONTH"

in the City of Chino and encourage each citizen to continue to be compassionate and understanding of the importance that mental health services provide.

PRESENTED THIS 6TH DAY OF MAY 2025.

EUNICE M. ULLOA, Mayor

ATTEST:

NATALIE GONZAGA, City Clerk